

Report downloaded: 18:32, Mon 19 Jun 2023

MonitorYou Service requested by: Jane Hall <j.h@gmail.com>

Person providing sample	Contact details	Sample date & details
Jane Hall	Jane Hall	22:31, Tue 13 Jun 2023
DOB: 30 May 1975 (48 years) Gender: Female	Email: j.h@gmail.com Phone: 0412345678 Mobile: PRT-ID: T29290	SAM-ID: 99990035 Ship-IF: SO002754 Type: Dried Blood Spot Received: 2023-06-18
Your results are:		Reported: 2023-06-19, 09:22
hsCRP (mg/L): 0.76 mg/L		Analyte: hsCRP Method: ELISA Analysed: 2023-06-19, 01:20

Target ranges for hsCRP

A hsCRP level of:

Could indicate that:

Less than **1.0** mg/L

You are in the optimal range

1 – 2.9 mg/L

You may have an intermediate risk of cardiovascular disease

3 – 10 mg/L

You may have a higher risk of cardiovascular disease

Greater than **10** mg/L*

You may have acute inflammation caused by injury, infection or an inflammatory condition

* See 'important information about hsCRP results'

Important information about hsCRP results

These results are not medical advice and may not be relied on for any diagnostic or therapeutic purposes. The results should be discussed with your doctor when seeking specific medical advice based on your individual circumstances.

Results greater than 10 mg/L are not associated with an increased risk for cardiovascular disease, but rather are due to other inflammatory conditions, injury or infection. Also known as acute inflammation. Results above 10 mg/L are reported to be >10 mg/L rather

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than a particular value. If your result is in this category and you are experiencing symptoms, please speak to your doctor.

Results may vary if you have medical conditions such as anaemia or have had a recent blood transfusion. This is because we are measuring from a dried blood sample which is different than a traditional pathology hsCRP test– please speak to your doctor.

Understanding hsCRP results

Results from different laboratories can and do vary. MonitorYou results may differ from other labs, which should be considered if comparing to results from other labs. For more information watch the video on <https://www.patientpower.info>.

For more information on the interpretation of this result and the MonitorYou hsCRP analysis please see the [MonitorYou website](#).

The measurement of hsCRP in dried blood spots is comparable to those from traditional methods of blood analysis. However, your result may be different based on the following:

- Your sample may have been collected inappropriately, contaminated or affected during transport
- You may have a medical condition or be taking medication that has an effect on the Dried Blood Spot analysis

If your result is within the normal range provided but you are experiencing symptoms, please see your doctor.

Questions? Contact our Customer Service Team

Phone: [+61 2 6145 2147](tel:+61261452147)

Email: info@monitoryou.com

Or find answers on our website at www.monitoryou.com

Other useful resources

Below are some additional useful resources with more information on chronic inflammation and hsCRP.

Health Direct – C Reactive Protein
<https://www.healthdirect.gov.au/c-reactive-protein-CRP-test>

Pathology Tests Explained – hsCRP
<https://www.patientpower.info/myeloproliferative-neoplasms/ask-the-expert/do-blood-test-results-differ-when-processed-at-different-labs>

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